

# iPulse

THE DAILY HEARTBEAT OF LYNN UNIVERSITY



***WELCOME***

***CLASS OF  
2023***

# THE JOURNEY AHEAD

## A Personal Welcome From iPulse's Former Editor-in-Chief

Hello, Class of 2023!

From the Office of Admission, the College of Communication and Design as well as the award-winning student publication iPulse, welcome to Lynn.

While I have yet to meet many of you, I expect my time as an undergraduate student will very closely reflect what you will experience in the coming years. You are probably a little overwhelmed this week; I was too. Perhaps you want to get involved but just are not familiar with how quite yet; I was too.

In creating this edition, I sought to highlight pieces of this campus that should prove indispensable to you during your time at Lynn. I took myself

back to my freshman year in the fall of 2016, wondering what resources I would need to succeed as a Fighting Knight.

With that, I also ensured to include Dylan Klim's powerful story below. I met him early on during my freshman year, and we would ultimately grow alongside each other to the pinnacle of the publication you are reading right now. Now, we work together in Lynn's Office of Admission. We expect to continue to be heavily involved with iPulse for the foreseeable future as well – because we love it!

As you progress through your initial weeks here at Lynn, please feel free to reach out to us with any questions

you may have along the way. You can find both Dylan and me on the campus directory at [lynn.edu](http://lynn.edu). Just like your professors, we are here to help should you need us.



By SHAWN JOHNSON  
Publishing Editor

# FINDING HIS PASSION

## Former Managing Editor Reflects On Success In Communication

During my time as a student at Lynn, I had the opportunity to be involved in multiple clubs and organizations, but nothing compared to my time serving alongside the iPulse team.

When I first arrived on campus, writing was at the bottom of my priorities and the idea of being involved with a school newspaper was far from interesting. I had my sights set on other areas, but that did not last long.

As a criminal justice major, I took iPulse as an elective, a moment that would open many doors for me both academically and personally.

With the help of professors like Martin Phillips and Stefanie Powers, I established a framework to understand the key principles of what it takes to be successful in journalism. Despite not having prior knowledge in the field, the iPulse team embraced me and I grew from that foundation.

More importantly, iPulse allowed me to step out of my comfort zone and pursue other areas of campus. I

firmly believe my time with the student publication paved the way for me to pursue the position I now hold in the Office of Admission as a campus visit specialist. Whether it involved writing professional emails or developing strong relationships with colleagues, I walked away with essential skills for life beyond my studies.

For those of you who may not be studying journalism – as I was – I encourage you to join iPulse for at least a semester. I was not even a part of the College of Communication and Design initially, yet I still wound up with three editorial positions in less than two years. That is what this publication is all about.

As a freshman, I know it can be overwhelming trying to balance it all. If you have questions as to whether you should join the iPulse family, I implore you to give it a shot. The biggest regret I have is not joining earlier, but I am grateful I jumped on board nonetheless.



By DYLAN M. KLIM  
Publishing Editor

Above all, I encourage you to value the relationships you will make in the coming years. With iPulse, not only did I learn communication, leadership and writing skills, but I also met my best friend. The people you will be working alongside will very quickly adapt with you and complement your strengths and weaknesses.

As you begin your first days on campus, I hope you have an excellent first few weeks here at Lynn. If you are looking for a place to get involved on campus, iPulse is an ideal destination to establish your Lynn footprint and ultimately find your passion.



# LIFE OUTSIDE THE CLASSROOM

Adopting The Campus Culture From Day One

**More than 30 ways  
to get involved:**

Club Sports  
Sustainability Club  
Project Civitas  
Black Student Union  
**and many more!**

Visit the Center for Student  
Involvement on the second floor of the  
Christine E. Lynn University Center for  
more information



## TIME TO GO GREEK

Embracing The Panhellenic Atmosphere Of Student Life

### **Fraternities**

Alpha Phi Delta  
Zeta Beta Tau  
Sigma Alpha Epsilon



### **Sororities**

Sigma Sigma Sigma  
Theta Phi Alpha

Contact Jessica Fitzpatrick  
at (561) 237-7154 for more  
information



# LYNN DINING REVEALS BITE APP

Sodexo Creation Set To Improve Menu Awareness

By SHAWN JOHNSON  
Publishing Editor



Above: The wide array of choices now available in Mary's Kitchen can all be found in the BITE app, allowing students a better understanding of their dining experience. LU Photos.

Of the many changes resulting from the recently unveiled Christine E. Lynn University Center, Lynn dining offers its own improvements.

The most prominent of these changes arrives in the form of the BITE app, a product of Lynn partner Sodexo. Having fully activated with the opening of the University Center, the app serves numerous purposes. Not only do diners have improved access to vital nutritional information within the program, but they also receive accurate, timely menu updates.

"BITE features the menu by day, by location and by meal," said Matthew Chaloux, director of auxiliary services. "It has a geotag

embedded in the application, allowing it to know you will be looking to dine on campus and display our menu accordingly."

Developed by Sodexo's culinary solutions team, BITE is considered to be an industry-leading use of technology to give consumers a convenient one-stop shop for all things dining.

"The great benefit of the app is that now we have an engaging digital platform to keep consumers abreast of news on [their food]," Tim Ripley, Sodexo vice president of development, culinary solutions, said in a statement.

With functionality at the forefront of the new facility, the app promises

**Dining Commons  
Hours**

**Open 24/7**

to provide students valuable insight into their dining experience on a daily basis. For many, this service will transform how diners will prepare for their meals.

The BITE app can be downloaded on both iTunes and Google Play. For more information, visit [bite.sodexo.com](http://bite.sodexo.com).



# MEET THE NEW AND IMPROVED CHRISTINE'S

## Bringing A Restaurant Feeling To Campus

By DYLAN M. KLIM  
Publishing Editor



Above: Christine's offers a diverse menu, including nutritious salads and savory sushi, to appeal to the needs of all guests. LU Photos.

A popular eatery for students, Christine's underwent an entire makeover as part of its recent move into the Christine E. Lynn University Center.

A café by day, where students can purchase quality meals at low prices, the restaurant provides a unique dining experience. As dusk hits, however, Christine's transforms into a pub for students above the age of 21.

"We were very excited to add another building to the university's assets," said Matthew Chaloux, director of auxiliary services. "We got to bring another world-class facility to our campus, and Christine's is a large part of that."

The restaurant is equipped with eight widescreen televisions, soft and

bar seating as well as an outdoor lounge area. Christine's seeks to offer a warm yet modern feeling, one that allows students to socialize while saving money.

While Christine's menu is simple in nature, it still packs a tasteful punch. A few of the options available include specialty-crafted burgers, flatbreads, sandwiches and salads. Regardless of what they choose, students can expect to walk out with full stomachs and unfazed budgets.

"The menu is priced to be competitive with other restaurants of its kind," said Chaloux.

Christine's menu changes based on the season and time of the semester. Special occasions, including major sporting events, will lead to specific themes within the

restaurant's available options. Not to mention, the facility hosts a plethora of limited time offers throughout the year.

"Christine's is a place where [students] want to go, meet up and connect with others," said Chaloux.

As many have seen in the months since its official opening, Christine's has strengthened the dining process for students looking for a unique experience. As Chaloux indicates, the space will continue to transform how the Lynn community comes together over cuisine.

# HELP NEEDED? : SICK NO MORE

Tutoring Options Available For Students

**Monday - Thursday**

8 a.m. - 8 p.m.

**Friday**

8 a.m. - 5 p.m.

**Additional Options**

Tutor.com | JoinKnack.com

Institute for Achievement and Learning  
located in Louis and Anne Green Center

Accessing Vital Health Center Services

**Monday - Thursday**

8 a.m. - 8 p.m.

**Friday**

8 a.m. - 6 p.m.

**Saturday - Sunday**

Closed

Located on first floor of  
E.M. Lynn Residence Center

# TIME TO STUDY : I.T. HELP IS HERE

When To Visit The Lynn Library

**Monday - Thursday**

7:30 a.m. - Midnight

**Friday**

7:30 a.m. - 6 p.m.

**Saturday**

11 a.m. - 6 p.m.

**Sunday**

Noon - Midnight

Where To Go When Tech Issues Arise

**Monday - Thursday**

8 a.m. - 6 p.m.

**Friday**

8 a.m. - 5 p.m.

**Saturday - Sunday**

Closed

Located on first floor of  
Eugene M. and Christine E. Lynn Library

# WORKING ON WELLNESS

A Look At The Fitness Center's Hours This Semester

**Monday - Thursday**

7 a.m. - 10 p.m.

**Saturday - Sunday**

12 p.m. - 7 p.m.

**Friday**

7 a.m. - 7 p.m.

Located on first floor of  
Lynn Residence Center



# KEEPING TRACK OF THE CHAMPS

Lynn Athletics Looks To Grow Following Stellar Spring Campaign

By **DAVID CZARLINSKY**  
Managing Editor

The Lynn University Fighting Knights clinched four Sunshine State Conference (SSC) titles to close out the spring semester, marking the first time since 2006 that three Lynn teams won an SSC championship in the same season.

It started on the golf course in mid-April with women's golf capturing its second SSC title in program history. Matilda Wahren, who led the squad, finished one-under overall to secure a second-place finish. The team trailed by as many as seven strokes on the front nine and sunk a combined eight birdies on the final nine holes to pull off a one-stroke victory over conference rival Barry University.

"I'm extremely proud of my team," said Marcelo Huarte, head coach. "They fought so hard and made a really big charge on the backstretch which got it done."

Huarte became the fifth Fighting Knight coach to win an SSC Championship in his first-ever appearance.

Two days later, the SSC announced the Blue and White had taken home

the women's tennis regular season championship. The program completed its first undefeated regular season since 2009.

The regular season title was the first of its kind for the program and the 11th title overall for women's tennis.

The final title of the busy week for the Fighting Knights came that Saturday, April 20, when the men's lacrosse team won its first-ever SSC title in program history, becoming the ninth Lynn sports team to do so.

The Fighting Knights took down the Saint Leo Lions in dramatic fashion, 11-10 in overtime, with Nick McCabe scoring his second game-winning goal in as many games. The squad finished the regular season with an eight-game winning streak, including the program's first-ever victory over the Tampa Spartans.

"It was one of the greatest glories to have, [winning the SSC]," said Urso, then-senior attackman. "To the seniors, the coach and everyone who believed in us, it has been an amazing four years."

A week after the men's lacrosse squad won its title, the women's tennis team conquered yet another SSC Championship, this time in tournament style. The tennis team defeated Nova

Southeastern 4-0 on Sunday to secure the 42nd overall conference title for Lynn, becoming the first women's squad to win both the SSC regular season title and the conference tournament in the same year.

Following these in-conference successes, the men's golf team would go on to win the national championship, the 25th in Lynn's rich athletic history. Meanwhile, the women's tennis team fell just short of clinching yet another national title the day prior.

The 2019 spring teams stand as the most successful group in Lynn's history; marking the first time in the Fighting Knights' history that they have won four SSC titles in the same month.

As the fall semester kicks off, follow all the action at [LynnFightingKnights.com](http://LynnFightingKnights.com).



Above: Fighting Knights official logo. LU Athletic Communications.





Set to take place Sept. 17 at 3 p.m. in the Wold Performing Arts Center, the Hospitality, Sports and Event Management Fair is designed for students to network and discover career opportunities. LU Photo.

## UPCOMING EVENTS:

Fraternity & Sorority Info Night  
8/27 @ 7 p.m. | Elaine's

Pride In Your Top 5  
8/28 @ 11 a.m. | Gutin Living Room

Welcome Back: Career Connections  
8/28 @ 11 a.m. | Christine's Park

Rec Fest  
8/28 @ 4 p.m. | Christine's Park

Draft Party  
8/28 @ 6 p.m. | Christine's

Peace Prayer  
8/29 @ 12:30 p.m. | Snyder Sanctuary

Trivia Knight Thursdays  
8/29 @ 8 p.m. | Christine's

Friday Knight Lights  
8/30 @ 8 p.m. | Christine's

StreetFest  
8/31 @ 7 p.m. | Residence Hall Quad

Crafting At Christine's  
9/1 @ 4 p.m. | Christine's



Lynn's First 40 initiative allows students to engage in six consecutive weeks of extracurricular experience, all designed to aid the college transition for incoming freshmen. LU Photo.

## DOWNLOAD THE ISSUU APP



Find our editions digitally using the app store or by scanning the QR code or visit [lynnipulse.org](http://lynnipulse.org)

**FIND US ON**

